

# Have a good trip!

# Reading

1 (4.1) What are your favourite places? Word Bank 12, p. 75.

2 4.2 Listen and read about Edinburgh. Write T (true) or F (false). Would you like to go there?

Edinburgh is the capital of Scotland.	_
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**2** For tourists, it has a lot of old and new attractions.

3 The Edinburgh Arts festival is in August for two weeks.

4 It takes six hours to travel from London to Edinburgh.



Welcome to Edinburgh, population 450,000 and Scotland's beautiful capital city since 1437. Edinburgh has a lovely castle, a fantastic palace and many other important monuments.

It's an exciting modern city, too, with excellent museums and art galleries, great cafés, pubs and all types of restaurants and nightclubs.

Edinburgh has a lot of art and music festivals, too. The famous Edinburgh Festival starts on the second Sunday in August and finishes three weeks later. It's Europe's number one Arts festival.

Fast trains from all London stations to Edinburgh take about five hours. A flight from Heathrow, Gatwick, London City or Stansted airports takes about one hour and 20 minutes.

Visit <u>www.edinburgh.org</u> or www.visitscotland.com

# Listening

3 (4.3) Lars has a class project about Edinburgh. He phones Tourist Information. Listen and complete the times.

For information about tourist attractions, go to:

Edinburgh & Scotland Tourist Information Centre 3 Princes Street Edinburgh, Scotland EH2 2PQ

#### Opening and closing times

Monday –	9.00 a.m. – p.m.
– Saturday	a.m. –
Sunday	

4 4.4 Now Lars tries the Information Centre in London. Listen and complete the times on the brochure.

#### Some opening and closing hours in Edinburgh (April to October)

Services	0pen	Close	Days	
	11.00 a.m.	5.00 p.m.	Sun	
Main Shopping Centres	(1)	6.00 p.m.	Mon-Wed / Sat	
	10.00 a.m.	(2)	Thu – Fri	
The Post Office	9.00 a.m.	(3)	Mon – Fri	
The Post Office	9.00 a.m.	(4)	Sat	



## Grammar

- 5 (4.5) Study the Grammar box and complete the questions. Listen, check and repeat.
  - \_\_ the shopping centres **1** What time open on Sundays?
  - 2 What time \_ \_\_\_ the post office close on Saturdays?

What time? + Present simple (it, they)						
What time	does	it	open? close?	lt	opens closes leaves arrives	at
whattime	do	they	leave? arrive?	They	open close leave arrive	at

AB, p. 100. Ex. 1

- 6 ( Get a card from your teacher. In pairs, talk about other opening and closing hours in Edinburgh.
  - A: What time does / do ... open / close on ...?
  - **B:** It opens / closes / They open / close at ... .

# **Speaking**

7 In groups, talk about the opening hours in your country. Are they similar to Scotland?

nightclubs the post office banks museums restaurants shopping centres the main tourist attractions shops

- A: What time ... open / close? Do banks open on Sunday in ...?
- B: I'm not sure. / I have no idea.
- 8 (4.6) Lars decides to go to Edinburgh for the weekend. He's now at Kings Cross station, London. Listen and complete the ticket.
- **9** Listen again and order the dialogue 1–13. Listen, check and repeat.
  - Man: Would you like a single or a return?
  - 6 Lars: Here you are.
  - Man: It leaves at 9 a.m. from platform 7.
  - Lars: Return, please. How much is it?
  - Man: Can I help you?
  - Lars: Thank you very much.
  - **Man:** At 2.15 p.m.
  - **Lars:** Yes, can I have a ticket to Edinburgh, please?
  - Man: Thank you. Here's your ticket.
  - **Lars:** And what time does it arrive?
  - Man: £62.
  - 8 Lars: What time does the next train leave, please?
  - Man: Have a good trip!
- Get a card from your teacher. In pairs, buy train tickets.





# When's your birthday?

# Reading

1 Get a card from your teacher. Read about one of the music festivals. Tick  $(\checkmark)$  the types of music they play. Use the words in the box.







MUSIC IN THE SUMMER Edinburgh International Festival Salzburg Festival Montreal International Jazz Festival



- 2 In groups, talk about the festivals.
  - 1 Ask and answer about each.
    - a Where is it?
    - b How old is it?
    - c How long is it (how many days / weeks)?
    - d What type of music do they play?
- **2** Look at the three cards together.
  - a Find the names of two months.

 and	

b	Find three dates.	<u>10th August</u> ,
	an	d

**c** Which festival does the photo on the card show?

### **Pronunciation**

 $3^{(4.7)}$  Listen and write the months in the correct word stress box.

<del>January</del>	February	<del>March</del>
April	May	June
July	August	September
October	November	December

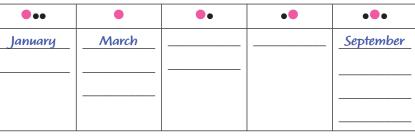
		The months		
•••	•	••	••	•••
January	March			September

#### Grammar

4 (4.8) How do you say the dates in Exercise 2? Complete the ordinal numbers. Listen, check and repeat.

#### Ordinal numbers

Oramac	ilallibers				
1st	first	11 <b>th</b>	eleven		
2nd	second	12th	twelf	What's the date today	/?
3 <b>rd</b>	third	13 <b>th</b>	th		
4th	fourth				I think it's the
5 <b>th</b>	fifth	20 <b>th</b>	twentieth		TUIIIIK IL S LITE
6th	th	21 <b>st</b>	twenty		
7th	th	22 <b>nd</b>	twenty		`
8th	eighth	23 <b>rd</b>	third		Tip
9 <b>th</b>	nin				We write: 7th
10 <b>th</b>	th	30 <b>th</b>			7 Se
		31 <b>st</b>			We say: (It's



Ve write: 7th September 7 September

Ve say: (It's) the seventh of September.

## **Pronunciation**

- 5 (4.9) Listen and repeat. Be careful with 'th'.
  - 1 Fifth Avenue and Fourth Street





- 2 20th Century Fox
- 3 thirteen months
- 4 1303 and 1333
- 5 Thirty-three thousand people think Thursday is their thirtieth birthday.

Thursday is my 30th birthday.



What other English words do you know with the th spelling?

6 Look at the Grammar box and complete the sentences.

Dates	
	When's US Independence Day?
Months	It's in July.
Dates	It's on 4th July.
	When's your birthday?
Days	It's on Sunday!

- **1** New Year's Eve is \_\_\_\_\_ 31st December.
- 2 Thanksgiving Day in the USA is \_ the fourth Thursday \_\_\_\_\_ November.

AB, p. 101. Ex. 2

# **Speaking**

- **7** Get a card from your teacher. When's Independence Day? Ask and answer.
  - **A:** When's Independence Day in Argentina?
  - B: It's on 9th July. When's Independence Day in Brazil?
- **8** When are the festivals and celebrations in your country? Are they public holidays?

In Britain, Valentine's Day is on 14th February. But it isn't a public holiday.



- 9 (4.10) Emma works with Anna and Tim. Listen to Emma and Anna and tick  $(\checkmark)$  the correct option.
  - 1 When's Tim's birthday?
    - On Friday In October On 4th September
  - 2 What type of music does Tim like?
    - Rock Jazz Opera
- **10** When are *your* birthdays? Stand up and ask your class. Organise yourselves into a line across the class from birthdays in January to birthdays in December.
  - A: When's your birthday?
  - **B:** (It's) On ... . / In ... .
  - A: OK. So you're before me. My birthday's on ....
- **11** Before you sit down, tell the class your birthdays. Which is a) the most common month for birthdays and b) the most common date for birthdays?

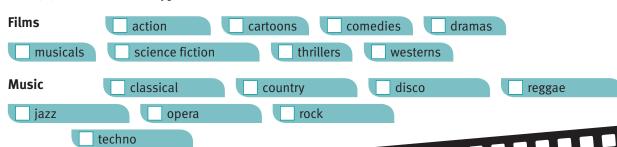
We have four birthdays in March and three birthdays on the 23rd!



# Musicals? I'm sorry, I really hate them

# Listening

1 (4.11) Kate's at Tim's birthday party. Listen to extracts from the dialogue. Tick ( ) Kate's favourite types of films and music.





**2** Circle two types of film and two types of music that you usually like in Exercise 1. Put a cross (X) next to one type of film and one type of music that you don't usually like. Find someone in class who's the same as you.

A: What types of film do / don't you usually like?

B: I like thrillers. LA Confidential is my favourite film.

3 4.12 Kate's talking to Tim at the party. Listen and number the adjectives in the order you hear them (1–8).

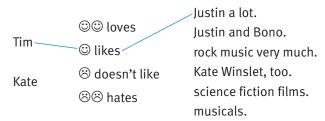
		_						
borin	g	excellent	fabulous	good	great	horrible	interesting	wonderful

**4** Read and complete the dialogue with *do*, *of*, *for* or *is*.

Tim:	So, Kate, (1) you like this song?
Kate:	Oh, that's Justin Timberlake. He's very good.
Tim:	Yes, I like him a lot! How about Bono? I think he's fabulous. (2) you like him, too?
Kate:	Oh yes. Justin and Bono are great. I love them!
Tim:	Your favourite type (3) music <sup>(4)</sup> rock, then.
Kate:	Yes, I like it very much. And country, too. They're my favourite.
Tim:	And (5) you like the cinema?
Kate:	Yes! My favourite actress $^{(6)}$ Kate Winslet. What $^{(7)}$ you think $^{(8)}$ her?
Tim:	Oh, she's exciting. I like her, too. And what type (9) films (10) you like?
Kate:	Thrillers, musicals But not science fiction films. I don't like them. They're horrible!
Tim:	Come on, Kate. Science fiction (11) wonderful! (12) example, the <i>Matrix</i> films are very interesting. Now, musicals?! I'm sorry, I really hate them. They're boring!
Kate:	Boring? No way. What about <i>Dreamgirls</i> ,  (13) example, or <i>Hairspray</i> or <i>Chicago</i> or <i>Grease</i> ?
	or Grease?

## Grammar

**5** Read the dialogue in Exercise 4 again. Draw lines to make true sentences.



**6** Study the dialogue in Exercise 4 again. Complete the Grammar box with the pronouns in yellow.

Object pronouns					
Subject	Object				
T	me				
you	you				
he					
she					
it					
we	us				
they					

# AB, p. 102. Ex. 2

## **Pronunciation**

- 7 4.13 Listen and circle the stressed word in each sentence. Listen again and repeat.
  - 1 I love you.
  - 2 She hates us.
  - 3 Do you like her?
  - 4 I don't like it.
  - 5 We like them.
  - 6 Do you love me?

# **Speaking**

- **8** Get a card from your teacher. In pairs, talk about Kate and Tim. Are they very similar?
  - **A:** What does Kate / Tim think of ...?
  - **B**: He / She ... .
- **9** What do you think? Write two names for each category. In groups, ask and answer.

film:	
film star (man):	
film star (woman):	
rock band:	
singer (man):	
singer (woman):	

What do you think of ...?

love him.
(don't) like her.
hate it.
don't know them.

I think he's great. wonderful. horrible.

# Tip Be careful! What do you think of rap? ✓ I like it. X Hike. What do you think of Shakira? ✓ I like her. X Hike she.

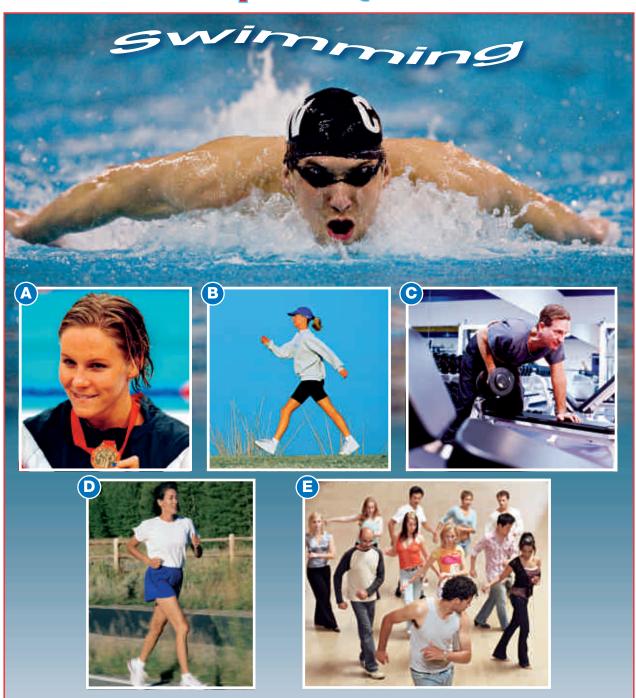


# Swimming is my favourite activity!

# Reading

**1** Do the quiz. In pairs, compare your answers.

# **Sports Quiz**



#### Can you swim? Do you like swimming? What do you know about swimming?

- 1 The number one sports activity in the world is a playing football. b swimming. c cycling.
- 2 Only one sport has more Olympic medals than swimming. Is it ... a athletics? b boxing? c gymnastics?
- 3 Michael Phelps and Jenny Thompson swim for a Australia. b Britain. c the USA.
- 4 When you swim a kilometre in 30 minutes you use about a 200 calories. b 300 calories. c 400 calories.

**2** Read the article to check your answers. Match the words in <a href="yellow">yellow</a> and definitions 1–5. Do you agree that it is 'the perfect exercise'?

Swimming is the number one recreational activity in the world – yes, more people swim than play football or play golf or basketball! It's very exciting to watch, too! Millions of TV fans watch the 34 swimming events at the

fans watch the 34 swimming events at the Olympic Games. They love seeing swimmers like Americans Michael Phelps (six gold medals in Athens in 2004 and eight golds at the Beijing Olympics in 2008) and Jenny Thompson (12 Olympic medals, eight of them gold). Only athletics has more Olympic medals.

Swimming is an excellent way to exercise, relax and lose weight, too. Swimming for half an hour uses about 300 calories. It's the perfect exercise for all ages. Why don't you go swimming today?

1	An adjective: it means 'free time':
2	An adjective + noun: what you get if you are first in an Olympic event:
3	A verb + noun: for example, to go from 90 kilos to 70 kilos:
4	A noun: people who love a sport, team, person, etc.:
5	A noun: one of the competitions in a sports programme:

# **Speaking**

- 3 Match the sentences and the photos in Exercise 1. Then tick (✓) the sentences you agree with.
  - Swimming is my favourite Olympic event. I'm a real fan.
     I hate dancing! But it's a good way to lose weight.
  - 3 My favourite recreational activity is walking.
  - 4 Weight training is good exercise, but really boring!
  - 5 I like doing a lot of different exercise, but I prefer running.
- 4 In pairs, compare your ideas.
  - **A:** I don't agree with number 2. I love dancing. I dance every weekend.
  - B: I agree with number 2. I like music, but I can't dance!

#### Grammar

**5** Look at the sentences in Exercise 3 and complete the Grammar box.

Verb + -ing for activities					
		Activity			
		Learn	English is great!		
		Do	exercise is good.		
1	hate	do	homework.		
My wife	loves	watch	TV.		
We	prefer	stay	at home in the evening.		
Do you	like	go	to the cinema?		

AB, p. 103. Ex. 1

6 4.14 What do you like doing? Word Bank 13, p. 76.

## **Speaking**

7 4.15 In groups of three, listen to Kate and Anna talking. Tick (✓) what they like doing.
A: Tick (✓) the information about Anna.
B: Tick (✓) the information about Kate.

C: Tick  $(\checkmark)$  the information about Leo.

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	()	<i></i>	77

	Λ	OO	7	na
Anna				
Kate				
Leo				

**8** Talk about the information you have. What do Anna and Kate agree to do?

A: Anna likes swimming. She loves ....

**B:** *Kate* ... .

Α

C: Leo ... .

**9** In groups, talk about your three favourite activities. Are they very similar?

**A:** I love going to the gym, listening to music and cooking for my family. And you?



# He goes running once a week

# Reading

- 1 What do you think? Circle your opinion. In pairs, compare your opinions.
  - 1 My weight is fine. I need / don't need to lose weight at the moment.
  - **2** Going on a diet is / isn't very difficult for me.
  - 3 | eat / don't eat a lot of junk food (burgers, hotdogs, chips, pizza, etc.).
  - 4 | prefer / don't prefer eating lasagne to eating a salad.
  - **5** Doing exercise is / isn't an important part of my life.
  - 6 | prefer / don't prefer doing exercise to staying at home and watching TV.
- 2 Look at the advert and Jim Ransom's photo. Which sentences from Exercise 1 do you think are his opinions, a) before and b) after his 'success story'?

## Listening

**3** 4.16 Listen to Jim and complete his personal details and weights in the advert.

# 

- **4** Circle the correct verb. Listen to Jim again to check.
  - 1 | do / go / play a lot of exercise.
  - **2** I do / go / play tennis.
  - 3 I do / go / play running.
  - 4 I do / go / play swimming.
  - **5** I do / go / play yoga.
- 5 4.17 Look at Jim's exercise calendar. How often does he do the activities? Write 1–4. Listen, check and repeat.

  Be careful with the 'silent' letters in every /'evri: / and often /'pfən /.
  - **a** once a week
- c three times a week
- **b twice** a week
- d every other day

Exercise calendar					
Mon	(1)	(2)			
Tue	(3)	<b>X</b>			
Wed	20	<u> </u>			
Thur	نه	<b>S</b>			
Fri	20	À			
Sat	(4)	<u>.</u>			
Sun	À				

#### Grammar

**6** Look at Exercise 5 and complete the Grammar box.

Frequency					
How often	do	I/you/we/they		play? go?	
	does	he/she/it		do? ?	
Once			day.		
	_	a	week.		
times			month.		
Every			year.		
	Nev	er.			

#### Tip

Remember to use:

play for games

go for activities (verb + -ing)

do for other physical activities

AB, p. 104. Ex. 2

**7** How often do you do these things? In groups, find the coincidences.



A: I have English lessons twice a week.

B: Me, too.

**A:** I read the newspaper ... .

**B:** *Really? I ...* .

## **Speaking**

**8** Jim's friend Carmen isn't happy about his lifestyle. So she tries to find help. Read her message to Dr Sane's 'Solutions' page. What does Carmen think the problem is?

# **Solutions** to difficult problems! Q: Crazy about exercise My friend Jim never stops exercising, and I don't think that's normal! Can you help him? Carmen Dr Sane's answer Dear Carmen It's good to go running or swimming often, to do sit-ups regularly and to play a ball game. It's healthy to do aerobics sometimes and some weight training (1), too. But tell your friend that it's important to do other things, too: Here are my suggestions to him: Go to the cinema (2) and watch a different type of film each time. <u>Listen to music</u> every day – <u>classical music</u> at least (3) Go dancing with friends (4) Spend (5) with your family or friends - watch a good DVD together or have a special dinner. And remember to <u>say 'I love you'</u> (6)

9 4.18 Read Dr Sane's answer. In pairs, decide where to put these expressions in the text.
Listen and check.

a once a week
b one evening a week
c once a day
d once or twice a week
e every other weekend
f once a month

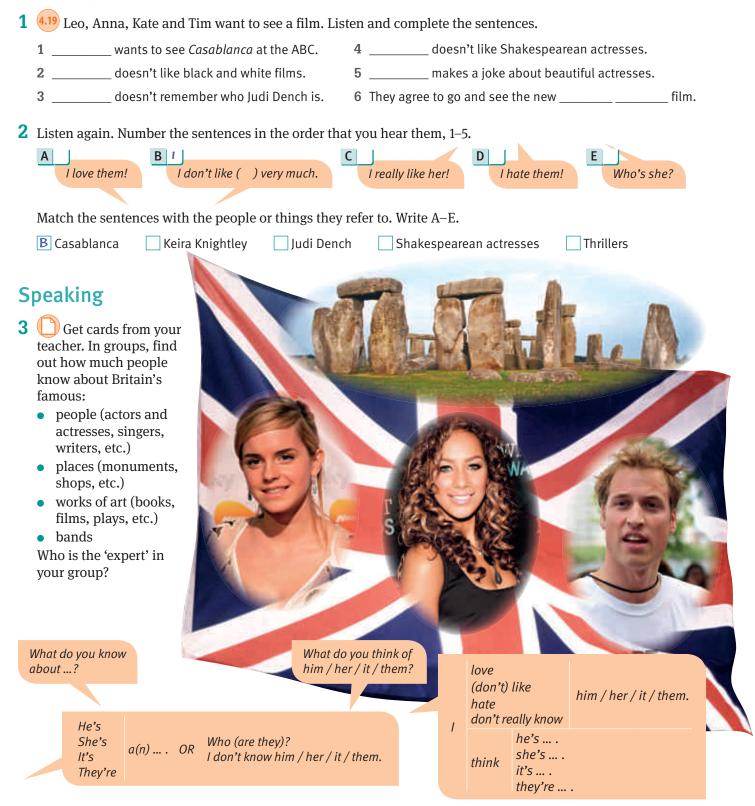
10 In pairs, ask and answer about the activities underlined in the text. Compare your answers to Dr Sane's suggestions. Do you have a healthy mind in a healthy body?

A: How often do you ...? B: ....



# We hardly ever go to bed early

# Listening



#### Grammar

- 4 Read about two couples talking about their weekends. Circle the correct option.
  - 1 Which couple prefer TV to the cinema? Debby and Justin / Sue and Roger
  - 2 Which couple love exercise and are always very busy? Debby and Justin / Sue and Roger
  - 3 Who loves cooking? Debby and Justin / Sue and Roger

**5** 4.20 Read the texts again and complete with *in*, *on*, *at* or *to*. Listen and check. Then complete the Grammar box with the correct prepositions.

We're Debby and Justin. We usually spend our evenings and weekends home. We go (2) cinema about once a month, but we prefer watching TV, so we rent a lot of DVDs. We usually watch musicals and adventure films, and \_\_ pop music. we like listening (3)\_\_\_ We hardly ever go out, but we sometimes eat (4) a restaurant weekends. We hardly ever go (6)\_\_\_\_\_ bed late. We have friends, but we don't often see them. They're always busy!





Our names are Roger and Sue. We're home (18) often (17) weekend and (19) the evening. We like reading and listening (20) music. We love opera and classical music, but we also listen (21) a lot of rock music. We have a lot of friends, and (22) Saturday morning, we sometimes go running with them. (23) \_\_\_ the evening, we sometimes go (24)\_ the cinema about once a month – and we watch comedies and thrillers. We usually go (25) bed early, (26) about 10.30. Every Sunday we have a big lunch with our children and grandchildren, and their friends. We love cooking for them!

#### **Prepositions**

#### time: at, in, on

- the morning(s)
  the afternoon(s)
  the evening (s)
- \_\_\_ + time (six o'clock)
  weekends
  night
- \_ + days (Sundays)
  - + parts of the day (Sunday evenings)

#### place and movement: at, to

#### Place

\_\_\_ home

a friend's house a party

a disco

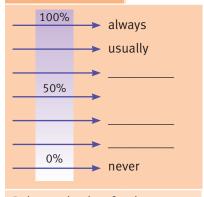
#### Movement

go \_\_\_\_ + place (the cinema / a disco)

bed

6 Complete the Grammar box with the yellow words in the texts. Put rules 1 and 2 in the correct order.

#### **Prepositions**



Rule 1: adverbs after *be*frequency go of the verb
Rule 2: frequency go of adverbs
before other verbs

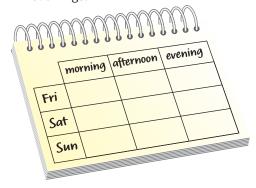
Make true sentences with phrases 1–6 and adverbs from Exercise 6.

#### don't often Sundays

- 1 Inget up early on n
- 2 I take photos
- 3 I sing
- 4 | eat in restaurants
- 5 I'm at home on
- 6 I go to nightclubs

# **Speaking**

8 Make notes about the places you usually go to and the things you often do at the weekend. Think about mornings, afternoons and evenings.



**9** Compare weekends with a partner.

**A:** On Friday nights, I usually go out. And you?



# Revision

- 4A 1 4.21 Choose five words from Word Bank 12, p. 75. Listen and play BINGO! Tick ( ) the words you hear and say *Bingo!* when you have all five.
  - 2 (4.22) Complete the dialogue at the bus station. Listen and check. Practise in pairs.

A: Can I have two tickets to Bristol, please?

<b>B:</b> Single or <sup>(1)</sup>	?
------------------------------------	---

A: Return, please.

**B:** That's £82.00, (2)

**A:** Here <sup>(3)</sup> are. What time <sup>(4)</sup> it leave?

**B:** The next bus leaves (5)\_\_\_\_\_\_ 8.05, from Gate 6.

**A:** What time does it <sup>(6)</sup>\_\_\_\_\_\_ in Bristol?

**B:** At 9.50.

**A:** (7)\_\_\_\_\_\_ you. Oh, where's Gate 6?

**B:** Over there. It's 8 o'clock now so ... you only have about four minutes!

- 48 3 Talk about three people in your family.
  - A: When's your ...'s birthday?

**B:** *It's on* ... .

A: What about your ...?

**B:** His / Her birthday is on ... .

4 Read the text and find the names of four groups who do not use the Gregorian calendar.

#### When's New Year's Day?

The year starts on 1st January, right? Well, not for everybody! Not everybody uses the Gregorian calendar. The calendars of the Chinese, Muslims and Jews, for example, are different. For them, the first day comes on a different date every year. Look at the chart below for the years 2009 to 2012.

Calendar	2009	2010	2011	2012
Chinese	26th January			
Islamic		7th Deceniber		
Jewish			29th September	17th September

Other groups use the same date every year. For example, Wiccans celebrate New Year's Eve on the evening of 31st October every year.

But, if the date is different, the message is the same. People all over the world say 'Happy New Year!'

- **5** Get a card from your teacher. Complete more dates in the chart. Then in pairs, get the rest of the information.
  - **A:** When does the Chinese year start in 2009?
  - **B**: On the twenty-sixth of January.
- Join the words and make five true sentences.
  Tell a partner your five sentences. Give reasons.
  Are any of your sentences and reasons the same?

		action films
	_	thrillers
I —— —	– → (like)/ likes	→ adventure films
My sister / brother / partner	don't / doesn't like	cartoons
My flatmate /		westerns
best friend	love / loves	science fiction
My parents	hate / hates	horror films
		comedies
		drama films

**A:** I like adventure films. I think they're exciting.

B: Me, too, but I prefer ... .

**7** Complete the sentences with pronouns. Practice the dialogues in pairs.

Ava: Mmm! Orange juice! I love (1) it!

Tina: Me, too.

Lea: Do (2)\_\_\_\_\_ like Guns N' Roses?

**Nick:** No, I hate (3)\_\_\_\_\_\_.

Ella: Who's that woman? Do you know (4)\_\_\_\_?

**Anne:** Yes, I do. (5) 's my friend Amy.

**Rob:** Hi, Kim. Is your brother there? Can I speak to

**Kim:** Sorry, Rob. Mike isn't here. (7)\_\_\_\_\_'s at work.

Jeff: On Saturday afternoons my friends and I play football at the club. Come and play with

<sup>(8)</sup>\_\_\_\_\_ this week.

Sean: Thanks, Jeff!

#### Unit 4 Song: Under the bridge, Red Hot Chili Peppers

To find the words, google lyric + the name of the song.
To find the video, google video + the name of the song and singer.

40 8 4.23 Listen and complete the chart for Pia. Use the emotions.

⊗⊗ = hates ⊗ = doesn't like ⊙ = likes ⊙⊙ = loves

	_20	00	No.	
Pia				
Your partner				

**9** In pairs, ask and answer. Complete the table in Exercise 8.

A: Do you like ...ing?

B: No, I hate it.

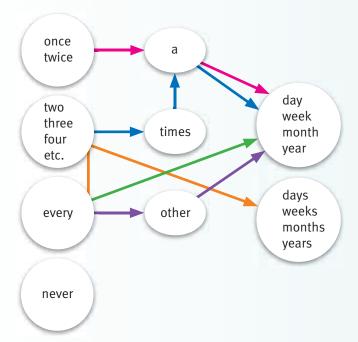
**10** Write three sentences about your partner using your information from Exercise 8.

My partner really likes swimming, but she doesn't like cycling very much.

Look at Word Banks 6 and 9. In pairs, ask and answer *How often* ...? and *Do you often* ...? from the pictures. Try to learn five new things about your partner. Use the coloured routes in the chart to help you.

A: How often do you ...?

**B:** Twice a week. / Never, etc. Do you often / sometimes ...?



12 Play PINOCCHIO.

Get cards from your teacher. Find out who is not telling a true story.

4 13 4.24 Complete the dialogue. Listen and check.



A: What do you think of the Arctic Monkeys?

<b>B:</b> I <sup>(1)</sup>	them! I think they're the best band
(2)	Britain.

**A:** Me, too. I think they're (3)

**C:** Well, I don't know (4) \_\_\_\_\_\_.

**B:** Really? They're  $^{(5)}$  \_\_\_\_\_ . And what do you  $^{(6)}$  \_\_\_\_ of Diana Krall?

C: I  $^{(7)}$  \_\_\_\_\_ her. She's an excellent jazz

A: Who's (9) \_\_\_\_\_\_? I don't know her. Is she American?

**14** In groups, ask and give opinions in the same way. Use the words in the box.

TV programmes actors
bands and singers films soap operas
politicians writers cities songs
sports people

**15** Rewrite the sentences using the adverbs of frequency in brackets.

1 You're late. (often)

2 They go for a run in the morning. (often)

3 Chris goes shopping on Saturdays. (hardly ever)

 $oldsymbol{4}$  His classes are boring. (hardly ever)