

Module 2

- Talk about exercise, food, appearance.
- Read about fashion in sport.
- Listen to sports advice.
- Write a text message.
- Learn about *have got* and countable/uncountable nouns with *some/any*.



b



c



Exercise

Get Ready

- 1 Look at the photos. Are the activities:
 - boring? • exciting? • funny? • silly?
- 2 **Picture Dictionary** page 104–105. Look at the Key Words.

1.36

Key Words: Sport and Exercise

do athletics/gymnastics/judo/skateboarding
play basketball/football/tennis
cycle dance run swim walk

- 3 Work in pairs. Ask and answer questions about sport and exercise.

A *Can you do gymnastics?*
B *Yes, I can.*

1.37

- 4 Listen and complete the advice.

- 1 Do thirty minutes of exercise every day.
- 2 _____ football, basketball or tennis.
- 3 _____ watch hours of television.
- 4 Don't _____ computer games for hours.
- 5 _____ or cycle to school.
- 6 Use the stairs – don't _____ the lift.



4 Fit and Fashionable

Warm-up

- 1 **Picture Dictionary** pages 100–101. Find examples of the Key Words in the photos.



Key Words: Appearance and Clothes

black/blond/dark/fair/red hair
curly/long/short/straight hair
ponytail shaved head
blue/brown/green eyes
earring tattoo

boots cap dress hat jacket jeans
shirt shoes shorts skirt socks tracksuit
trainers trousers T-shirt

- 3 Match the words from the text. Are they one or two words?

fashion magazine – two words

Word Builder

1 fashion	a style
2 sports	b magazine
3 tennis	c player
4 hair	d ring
5 ear	e star

Reading



- 2 Read the interview. Are the sentences true (T) or false (F)?

- ☐ Bella Nicholson is a fashion model.
- ☐ Bella's clothes are for fashion and sport.
- ☐ Serena Williams can play tennis and design clothes.
- ☐ Bella is into tattoos.

Bella Nicholson in the UK

- I Hi, Bella. This is your first show in London. How many models have you got here today?
B I've got fifteen models at the show.
- I And what clothes have you got in your collection?
B Well, I've got dresses, trousers, and skirts, of course. And I've also got tracksuits, shorts, sports bags and baseball caps.
- I But you're a fashion designer, not a sports star.
B Yes, but sport is very popular in fashion. Today, sports stars have got fashion collections. Serena Williams is a top tennis player and a fashion designer. Champion runner, Usain Bolt, has got a clothes collection with T-shirts, caps and yoga trousers.
- I That's interesting.
B Yes, and sports stars are in fashion magazines, too. Cristiano Ronaldo and Ana Ivanovic are good examples. Cristiano is famous for his clothes, hairstyle and diamond earrings! Ana has got long brown hair and green eyes. She's tall and slim, but not thin. It isn't good for models to be very thin.
- I That's true. One last question – tattoos on models, good or bad?
B My models haven't got tattoos. I'm not into them.

Serena Williams

Usain Bolt

Christiano Ronaldo

Ana Ivanovic

Grammar: *have got/has got*

- 4 Complete the table with *have*, *has*, *haven't* or *hasn't*.

Affirmative			
I/You/We/They	¹ _____	got	blue eyes.
He/She/It	² _____	got	blond hair.
Negative			
I/You/We/They	³ _____	got	a ponytail.
He/She/It	⁴ <i>hasn't</i>	got	long hair.
Yes/No Questions			
⁵ _____ I/you/we/they		got	a tattoo?
Has he/she/it		got	a tattoo?
Short Answers			
Yes, I/you/we/they have .			
No, I/you/we/they ⁶ _____.			
Yes, he/she/it has .			
No, he/she/it ⁷ _____.			
Wh- Questions			
What clothes	⁸ _____	I/you/	got?
How many models	⁹ _____	we/they	
What colour eyes	¹⁰ _____	he/she/it	got?

Practice

- 5 Look at the photos and the text again. Complete the sentences with *have*, *has*, *haven't* or *hasn't*.
- Usain Bolt *hasn't* got long hair.
 - Serena Williams and Usain Bolt _____ got fashion collections.
 - Cristiano Ronaldo _____ got a shaved head.
 - Ana Ivanovic _____ got a ponytail.
 - Bella's models _____ got tattoos.
 - Ana Ivanovic _____ got brown hair.
- 6 Write true short answers for these questions.
- Have you got fair hair?
 - Have you got blue eyes?
 - Has your best friend got brown eyes?
 - Have your cousins got tattoos?
 - Has your mum got short hair?

- 7 Write questions with *have got* or *has got*. Work in pairs. Then ask and answer the questions.

- your cousin / fair hair?
Has your cousin got fair hair? No, she hasn't.
- your best friend / a ponytail?
- your teacher / curly hair?
- your parents / brown eyes?

- 8 Look at the Sentence Builder. Use the words to make sentences 1–6.

Sentence Builder

He's got blue eyes. He's got fair hair.
He's got blue eyes **and** he's got fair hair.
She is tall. She is slim.
She is tall **and** she is slim.

- the baby / blond hair / a pretty face
- my dad / short / slim
- he / a shaved head / tattoos
- my cat / small / pretty
- my cousin / tall / thin
- I / brown hair / green eyes

Your Turn

- 9 Complete the sentences with *have*, *has*, *haven't* or *hasn't*. Then ask and answer questions.

- A *Have you got a big family?*
B *No, I haven't.*

- I _____ got a big family.
- My mum _____ got a computer.
- My best friend _____ got a mobile phone.
- My dad _____ got a motorbike.
- I _____ got a guitar.
- Our school _____ got a computer room.

- 10 **Game** Work in pairs. Think of a teacher or student in your school. Ask five questions and guess who it is.

- A *Is it a student?*
B *Yes, it is.*
A *Is it a boy?*
B *No, it isn't.*
A *Has she got long hair?*
B *Yes, she has.*
A *Has she got ...*



5 Top Tips



Warm-up

- 1 **Picture Dictionary** page 103. Find examples of the Key Words in the photos.



Key Words: Food and Drink

apples beans biscuits cheese chicken
coffee cola crisps fish milk nuts pasta
salad tea water



- 2 Copy and complete the table with the Key Words. Add more words to each list. Use the Picture Dictionary to help you.

Meat	Vegetables	Drinks	Fruit	Other
<i>chicken</i>				



Reading and Listening



- 3 Listen to a radio phone-in and complete the gaps.

1 **Q.** I've got an important football match on Saturday. What can I eat before the game?

A. Some pasta, some ¹ *chicken* or fish, and a salad. Eat some fruit, too. Drink some water in the morning but don't drink any tea, coffee or ² _____ on a match day.

2 **Q.** I'm into running and cycling but I'm tired all the time. I'm a vegetarian and I can't eat meat or ³ _____.

A. Protein is important in your diet. Eat some beans or nuts every day, and eat some cheese three times a week. Drink two glasses of ⁴ _____ every day.

3 **Q.** We've got a sports day at school in two weeks. Have you got any advice for me?

A. Do some exercise every day. Eat some vegetables with every meal and an ⁵ _____ or an orange for dessert. Don't eat any crisps or ⁶ _____. Get eight hours of sleep a night.

4 **Q.** My friend is into fashion and she's got some designer sports clothes. But I haven't got any money for designer ⁷ _____. What can I do?

A. I'm a runner and I haven't got any designer trainers. Don't think about ⁸ _____, think about sport!

5 **Q.** I'm from a small village and we haven't got a sports centre. What exercise can I do?

A. Here are some ideas for you: walk ⁹ _____ to school, go ⁹ _____ with your friends, or go running in the ¹⁰ _____ – it's great exercise!



Grammar: Countable/uncountable nouns, *some* and *any*

4 Read the rules about nouns.

We can count countable nouns: one apple, two apples, three apples.

We cannot count uncountable nouns: **fruit**, ~~two fruits~~, ~~six fruits~~.

5 Copy and complete the table with the nouns in the box.

apple biscuit cheese fruit glass
money nut pasta vegetable water

Countable nouns	Uncountable nouns
apple	fruit

6 Look at the examples in the table.

	Countable nouns	Uncountable nouns
Affirmative	Eat an apple for dessert. Drink two glasses of milk. Eat some beans or nuts.	Drink some water.
Negative	Don't eat any crisps or biscuits. I haven't got any designer trainers.	Don't drink any tea or coffee. I haven't got any money.
Questions	Have you got any designer trainers?	Have you got any money?

7 Choose the correct words.

- With countable nouns we *can* / *can't* use *a*, *an* or numbers.
- With uncountable nouns we *can* / *can't* use *a*, *an* or numbers.

Practice

8 Choose the correct words.

- A Here, have a / *some* biscuit.

B No, thanks. I've got *any* / *some* fruit here.
- A Have you got *any* / *some* brothers and sisters?

B Yes, I've got *a* / *an* brother.
- A Have you got *a* / *any* new clothes?

B Yes, I've got *a* / *some* nice shoes.
- A Mum, have we got *any* / *some* biscuits?

B No, we haven't. Have *a* / *an* apple.

9 Complete the sentences with the words in the box.

some (x2) any (x2) a an four

- I've got some new trainers.
- Eat _____ fruit every day.
- Don't eat _____ biscuits before lunch.
- I've got _____ apple for dessert.
- Drink _____ glasses of water every day.
- I haven't got _____ money for new clothes.
- We've got _____ great sports teacher.

10 Pair work Ask and answer questions.

- Student A page 87
- Student B page 88

Your Turn

11 Work in pairs. Find out your partner's favourite food and drink. Then tell the class.

Musa's favourite food is pizza and his favourite drink is milk.

Fact or Fiction?

Fresh vegetables are good for you
but frozen vegetables aren't.



Answer on page 111.

